



the transitions™ vibe

Industry news and information from a source you trust

Welcome to the July 2021 edition of the *Transitions Vibe*—a monthly briefing filled with information for those who trust Transitions to provide hospice and palliative care services for their patients and residents.



It's About Living. [Submit a referral](#) or [contact us](#) at 877-726-6494 to discuss how we provide the tools and resources to assist patients and families through the physical, emotional, and spiritual challenges of life's final transitions. [Visit our website to learn more.](#)

Transitions Spotlight: Palliative Care

Palliative Care at Transitions

Trish Benson, Chief Operating Officer, Transitions Home Medical Group

This month's Spotlight Article features Trish Benson, Chief Operating Officer for Transitions Home Medical Group (THMG).

Trish joined our team in 2016 and has proven herself a valuable asset ever since. She plays a prominent role in the development of strategic initiatives in both Illinois and Indiana and guides our palliative care practice with continued growth in 2021.

THMG is experiencing exciting changes, new developments, improved services and systems, and an outlook geared towards becoming a leading provider of palliative care in the healthcare industry. We sat down with Trish to gather some of her thoughts on THMG's recent success and learned more about what she thinks is in store for our palliative care practice going forward.

[Access the article>>](#)



“Thank you to the wonderful caring staff. They were always there for my mom and my family. I would welcome them any time to help my family.”

~Cathy B.
Patient's Family

Advance Directives: The Guide for Decision Making

Jenifer Filo, LCSW, Transitions Hospice Indiana

Discussing your own desires and wishes regarding your medical care will be a valuable tool when or if you are faced with a significant life-changing event. Advance directives can greatly help your family/ or appointed designee. They can eliminate any confusion and disagreements regarding medical care.

Many people think advance directives are only for people who are elderly or suffering from a life-limiting illness. In reality, situations can happen at any age, and advance directives are the blueprint for your medical care when emergency situations arise. Learn more about the different kinds of advance directives and how the Transitions' Palliative Care team can support those you care for.

[Access the article to learn more>>](#)



Educating the Community on Advance Directives

It's About How You LIVE is a national community engagement campaign encouraging individuals to make informed decisions about end-of-life care and services. The campaign encourages people to:

- Learn about options for end-of-life services and care
- Implement plans to ensure wishes are honored
- Voice decisions to family, friends and healthcare providers
- Engage in personal or community efforts to improve end-of-life care

Advance directives resources and articles:

- [Illinois Advance Directives](#)
- [Indiana Advance Directives](#)
- [Physician John Mulder: Combat Misconceptions About Palliative Care](#)
- [Researchers: Nearly 90% of Americans Do Not Understand Palliative Care](#)



Partner Spotlights - Trella Health



Trella Health helps to empower post-acute care providers and their referral sources to work together across the care continuum, paving the way for healthier, more cost-effective outcomes.

Recently, we connected with **Transitions' Market Analyst, Ben Loos**, to discuss how MarketSpace by Trella Health is providing key insight and data analytics to support Transitions and those we serve.

“To maintain our relationships with hospitals and physicians, Transitions plans to lead the industry by utilizing new and effective methods for communicating and representing information, with Trella Health at the forefront of this plan.”

~ Ben Loos, Market Analyst, Transitions

[Access his article>>](#)



Transitions News & Events



Transitions Living Well Series

During a recent [Good Day Stateline](#) interview, Dr. Kapur highlighted palliative care and advance directives and how Transitions' programs can help prolong the quality of life.

At Transitions, our team provides a holistic treatment approach that addresses both medical and psychosocial needs, including symptom management, counseling and community service support. [Learn more](#) or [submit a referral](#) today.



“Busy” Making an Impact

A Conversation with Kara Hoedebecke, Regional Hospice Coordinator, Transitions Hospice & Palliative Care

One of the things that Kara really enjoys about her career at Transitions Hospice is the extra lengths that we go to for our patients and communities. Her most recent project included creating Transitions Hospice Busy Boards.

Busy boards are therapeutic boards that bring everyday items together in an appealing and portable location so that loved ones with memory loss can continue to practice recognizable activities in a calm setting. Devoid of childlike features, the boards are designed to maintain the dignity of aging adults.

The idea for these boards came to Kara during a hospice consultation with a family whose loved one was going to be brought onto our services for Alzheimer's disease.

[Access the full interview here>>](#)



Providing Comfort During Life's Final Journey

Recently, Kara Hoedebecke and Comfort Companion Tinkerbell were highlighted during a CI Living segment.

Tinkerbell makes visits to skilled nursing and assisted living facilities to visit hospice patients and to help bring them joy.

[Click here to view the segment>>](#)

[#ItsAboutLiving](#)





Save the Date - IL-HPCO Conference

Creating Connections – Building for the Future

Wednesday, October 6, 2021

Northern Illinois University (NIU) Naperville, IL



Join the Transitions team and other industry leaders as they network with other hospice and palliative care leaders to learn best practices and benchmarks.

Learn about:

- Regulatory and industry changes that impact hospice and palliative care
- Tools to ensure the provision of quality evidenced-based practice for end of life care
- Documentation and billing strategies to meet CMS guidelines

[Learn more>>](#)

Save the Date - ACMA - Illinois Chapter

21st Annual Case Management and Transitions of Care Conference

Saturday, October 9, 2021

Renaissance Convention Center in Schaumburg, IL



Join Transitions during the American Case Management Association - 2021 Illinois Chapter Conference to share knowledge and learn with case management and transitions of care professionals in healthcare. Learn new strategies and gain insights when you collaborate for care with your peers.

[Learn more>>](#)



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